# « Open space for creation and development in dialogue »



### **Expedition Metropolis (ExMe)** opens spaces and exploratory fields

in which all people can get engaged and discover their potential. Accessible to people of all backgrounds, ExMe uses interdisciplinary and experimental methods from theater to support personal and interpersonal growth.



With its theater EXMe offers all people the opportunity to discover through common artistic production: who they are, what they want and what they are capable of



# « Open space for creation and development in dialogue »



### **Expedition Metropolis (ExMe)** demonstrates the quality and effectiveness

of its work through wide-ranging experience in the fields of:

- Theater
- Exploratory learning
- Participation
- Interculturality
- Co-production

- Theater expeditions as a method of exploratory learning
- Artistic productions as 'art of gathering'
- Open labs as 'art by all'
- 'Art and social transformation' as participatory urban development



# « Open space for creation and development in dialogue »



#### **Expedition Metropolis (ExMe)** enables and encourages dialogue

to shape our common space. This requires respect and responsibility, openness and agility in every respect. All participants are in a state of transit and on the go; searching, learning and creating.



Openness and asility arise when it is possible to find a common point of contact



# » How can we meet and interact with ourselves and others? «



### **Festival NN – New Narratives** 20 years Expedition Metropolis (ExMe)

takes place once a year at the end of March and is a platform to explore new narratives and forms of presentation in theater. This year's festival coincides with the 20-year anniversary of ExMe. Its theme 'being in transit' focuses on the path and developments from the former 'Diskoteater Metropolis' to the current community theater located at DESI.

Fr. 24.03.	Sa. 25.03.	Su. 26.03.
<b>6 pm</b> Opening + exhibition	<b>12 pm</b> Design- and construction workshop	<b>1 pm</b> ExMe members meeting
<b>7 pm</b> "Gemein- schaftsLese"	<b>4 pm</b> "Zuhause" children's theater	<b>3 pm</b> "Lese- und Erzählcafé"
<b>9 pm</b> Musical narrations	<b>7 pm</b> "Diskoteater" Reloaded	<b>5 pm</b> "Keine Zeit" theater



Place: Ohlauer Strasse 41, 10999 Berlin www.expedition-metropolis.de

# » How can we meet and interact with ourselves and others? «



#### HofFestSpiele

#### Festival and participatory approach

that transforms a common courtyard into an expressive arena of cultural diversity. The festival invites everyone to experience an 'art of gathering' that stands for neighbourhood, community spirit and dialogue.





## » How can we meet and interact with ourselves and others? «



### **Day of the open monument** History and transformation

of the former disinfection facility (DESI). On the "Tag des offenen Denkmals" (Day of the open monument) ExMe takes its visitors on a documentary journey through the history of the facility – enriched by art and cultural exhibits that are thematically related to the site.



Within the spirit of theater and in dialogue with the historical layers of the site



### « How can we create spaces for common research and action? »



#### **Places of exchange** Spacial design and communication

come about when children can see and imagine what space they need and are able to transform it. They create their own space playfully by dancing, storytelling, sawing or gluing. "Places of exchange" provides the stage and materials. Here children can change spaces according to their wishes and dreams.



# « How can we create spaces for common research and action? »



### **Desi-Mobil** Community building

combining creative expression, practical learning and a whole lot of fun. Young people find a common way into life, during the process of rebuilding a mobile truck. This project offers artistic workshops, language and communication training as well as career orientation.



Youns people set to know and appreciate themselves and their diversity



## « How can we create spaces for common research and action? »



#### **Theater for the youngest** Opportunities for children

are made possible by ZIRKUSMARIA in creative spaces. In the theater projects "TUKI explorer", "TUKI Tandem" and the holiday project "Finding your own voice", children and artists go on expeditions. The focus lies on playful discovery.



Creative time spent with children



### «How can we create spaces for common research and action?»



#### **Better living** Researches and rehearsals

providing the actors of the "Junges Ensemble" with opportunities to understand their longings for better living. Through theater, dance, film and music they are able to express their ideas and explore new orientations.



How do you imagine it, the better life?



### « How can we work and create together? »



#### **Multiplex**

Production and exploration

encouraging participants to uncover their own personal complexity. Through introspection, breaking points in participants' lives are uncovered that have shaped their biographies. As a result, a collective narrative is developed and translated to the theater's stage. The theme of 'being in transit' is fundamental in the expression of the participants' stories of personal movement.



### «How can we work and create together?»



#### Stories of the city Narrated column

providing insights into the sexuality of women. With personal stories from the city, four 'Berliner' women tell their personal gossip stories to an audience. They confess and report from their own and foreign beds, collect true stories from women and play them out on stage. The names of men and women in the stories have been anonymized to Otto and Gabi, respectively. Cheers to Otto and Gabi!





### « How can we work and create together? »



### **Theater for neighborhood kids** Performances for children

"I've never seen anything like that before!" The children's theater collective ZIRKUS-MARIA performs at eye level – kneeling, sitting, standing, on one leg, with or without a hat, held by threads, with dolls, cups, forks, kettles and sieves, with frogs and squealing tires.





## «How can we work and create together?»



#### **Time Matters** Collage of conversations

combining common topics that connect the different perspectives of participants from younger and older generations. An insightful narrative on the acquaintance of two strangers – who would have otherwise never met – comes to light.



Every conversation can reveal surprising commonalities



# » How can we change and develop solutions together? «



SELF-EMPOWERMENT

#### **Desi Lab** Open prototyping and building lab

providing testing and learning space for co-creation. In open laboratories, ideas are developed, actions implemented and solutions are developed that enrich the neighborhood. Using performative research and through dialogue with the community, topics are brainstormed on and methods of collaborative design are practiced.



What do you want? Performance based research

## » How can we change and develop solutions together? «



### **Shape ExMe** » What is the ExMe theatre for you? «

Do you have ideas and wishes that you want to realize with ExMe? Then draw, paint or write them on this card. We would love to receive your feedback so we can incorporate your ideas into the future shape of the theater. We look forward to your suggestions!

